

Kirimaya – Maya Spa menu

Massages

Massage has multi-sensory benefits. Relief from stress, prevention from injury, improved blood circulation and alertness of the mind. Relax, it's good for you!

Maya Massage 90 minutes

Maya spa's essential oils are expertly blended from four different elements to detoxify and heal with our signature massage that harmonizes Thai pressure with aromatic kneading. Simply the ultimate in relaxation.

Aromatherapy Massage 60/90 minutes

Inhale the aromas while the oils' healing powers are kneaded into tired skin, invigorating all the senses.

Swedish Massage 60/90 minutes

This therapeutic massage facilitates venous and lymphatic circulation by inhibiting fluid retention and activating lymph drainage, calms the nervous system and reduces any discomfort of the joints, muscles and tendons. Maximum benefit is attained by more than 1 session.

Golfer's Massage 60/90 minutes

This deep tissue massage is designed to relieve soreness and joint pain after a long game in the Khao Yai sun. Feel like you scored a hole in one without moving a muscle!

Ancient Thai Massage 60/90 minutes

An ancient form of massage unique to Thailand, it uses deep tissue, pressure point and stretching techniques to reduce stress and relieve muscle soreness. Recommended for those who prefer a firm massage and wish to experience one of the wonders of ancient Siam.

Hand & Foot Massage 45/60 minutes

Pamper achy hands & feet in a soothing bath of essential oils, followed by a focused, intense massage to stimulate the reflex points that affect internal organs, glands and your specific areas of discomfort. An ancient Asian tradition, updated at Maya Spa.

Neck & Shoulder Massage 45/60 minutes

Too much time behind the wheel, on the plane or at your desk? Release painful tensions on your neck and shoulders with an invigorating massage to relieve sore muscles and tight knots

Wellness Rituals

When combined, Maya Spa treatments produce the most benefit and optimize your spa experience.

Feel The Maya **2 hours**

The two most popular treatments detoxify and pamper. Begin with **Aromatic Salt Glow Scrub** and followed by our a relaxing **Maya Massage**.

Heavenly Body & Mind **2 hours**

Treat yourself to an hour, or more, of bliss with this gentle **Aromatherapy Massage** for total relaxation body and rejuvenate the spirit. Plus **Deep Cleansing Facial**. The sensible choice!

The 19th Green: **2 hours 30 minutes**

A Golfer's Indulgence

Reward your tired body after a long game regardless of your score. Start with an **Aromatic floral Bath**, followed by **Golfer's Massage**. Finish off this winning round with a **Facial For Men**.

In Love With Maya **3 hours**

Share the Maya Spa experience with your loved one. Warm each other up with an **Aromatic Steam or Aromatic Floral Bath** then continue with your choice of **Pure Honey & Herbal Wrap** and sensual to bring internal balance and healing with **Maya Massage**. Together more than doubles the pleasure.

Sense Of Relaxation **3 hours 30 minutes**

The spice of life! Begin with a **Aromatic Steam Bath** followed by **Lufa & Ginger Polish**. Next enjoy a 60 min. **Aromatherapy Massage**, complete your relaxing with **Thai Herbal Facial**.

Signature treatments

Khao Yai Therapy **4 hours**

- Grapetherapy Body Scrub
- Wine Wrap
- Wine Bath
- Maya Massage
- Organic Grape Facial

Indulge in 4 hours of head-to toe body bliss with our new signature line of Khao Yai Therapy spa services. Start with Grapetherapy Body Scrub to lightly exfoliate the skin and enhance circulation and skin elasticity with the antioxidants. Then, follow by Wine Wrap before enjoying sublime experience in Wine Bath to soothe and tone your skin and boost immune system. Complement with Maya Massage to create harmony of body, mind and spirit. At the end, Organic Grape Facial will rejuvenate and reduce the visible signs of aging with instant results of grape products.

Enjoy a glass of complimentary healthy wine " Granmonte Shiraz 2004 "

Jet Lag Reliever **2 hours**

Being in traveling for long flights through time zone closer to the hotter sun causes you lots of imbalance conditions such as dehydration, physical and mental fatigue and weakened immune system. Maya Spa exquisitely designs particular solutions to help regulate and balance your body and mind and enable you to recover faster from jet lag and even more immunity reserved for next coming flights.

- Aromatherapy Herbal Bath
- Aromatherapy Massage
- Relaxing Face & Scalp and Foot Massage

Let the essence of oriental herbs and natural essential oils promote a deep sense of well being and enhance with the relaxing massage using aroma therapeutic oil blend to help soothe jet lag symptoms and disperse the stagnant energy after a long trip. The package is completed with Relaxing Face & Scalp and Foot Massage. According to the Chinese concept of the yin-yang and 5 element theory, manipulating face and feet is not only relaxing them alone but also reflecting to reflex zones corresponding to particular internal organs and glands so as to regulate their functions. As a result, you will realize what we believe that beauty is health made visible.

***** Many other treatments available *****

***** Treatments in your room available *****