

Spa menu for Mandarin Oriental

Time Rituals

Oriental Harmony – 1hr 50 mins
De-Stress – 1hr 50 mins
Azuki Ritual – 1 hr 50 mins
Rasul Ritual – 1 hr 50 mins

Ultimate body therapy

Swedish – 1 hr 20 mins
Aromatherapy – 1 hr 20 mins
Aroma Stone – 1 hr 20 mins
Lanna (Tok Sen) – 1 hr 20 mins
Thai – 1 hr 50 mins
Kiatsu – 1 hr 50 mins
Skin Oxygen Body Detox – 1 hr 50 mins

Ultimate body scrub

Oriental salt – 20 mins
Azuki -20 mins

Personalised Body Wrap – al 1 hr 20 mins

Rose Hydrating Cocoon
Citrus Detox Reviver
De=stressing soother
Lavender and Peppermint cooler

Specialised Facials

Time for facial (Men) – 1 hr 20 mins
Balance deep cleansing facial – 1 hr 20 mins
Total indulgence facial – 1 hr 20 m ins
Rose anti-age facial – 1 hr 50 mins
Skin Oxygen miracle lift – 1 hr 50 mins

Reflexology

50 minutes

There are also a range of HALF DAY and FULL DAY packages and MANICURES.