

..... Visit The Lalu Spa!



Traditional Asia and Specialty Western Massages are featured along with rejuvenating body scrubs, only available at The Lalu Spa such as Ginger & Green Tea, Silk scrub and Rice bran & Rice wine.

Pamper yourself with a refreshing facial or manicure & pedicure treatment in the Salon.

The Lalu Spa is complimented by luxurious changing rooms and lake view steam and sauna facilities.

Relax in the Spa Lounge and enjoy a relaxing cup of herbal tea, Chinese Medicinal Tea, or refreshing smoothie prepared by our professionally trained staff.

• In our Leisure Centre

Hot, warm and icy whirlpools, essence steam rooms, dry Swedish sauna, Japanese bathing and warming fireplaces overlooking spectacular Sun Moon Lake

• Beauty Rituals

•Jurlique Facial 1.5 hours

A deluxe facial treatment with imported products based on organically grown botanical extracts to refine delicate facial skin.

•All Natural Facial 1 hour

Fresh organic products sourced locally are used to cleanse, refine and restore a healthy glow to your complexion.

• Manicure 1 hour

A deluxe nail and hand treatment including paraffin wax treatment to soften hands

•Pedicure 90 minutes

A deluxe nail and foot treatment including paraffin wax treatment to soften feet.

- Hair Care

Shampoo / Hair Cut

- Bathing Rituals

Ginger Bath/Green Tea Bath/Milk Bath/Rose Petal Bath /Love Bath
Essential steam

- Body Elixir Rituals

- Imperial 3 hours

Traditional Scrub, Essence Bath, Jade Massage, Natural Facial,
Foot Massage, Rose Petal Bath

- Empress 2.5 hours

Milk Scrub, Honey Body Mask, Milk Bath, Lalu Massage

- Emperor 2 hours

Essence Steam Bath, Lalu Massage, Foot Massage

- Orient 2 hours

Ginger Scrub, Honey Body Mask, Ginger Bath, Acupressure Massage

- Earth 2.5 hours

Warm Stone Massage, Volcanic Mud Wrap

- Ocean 2 hours

Sea Mineral Scrub, Seaweed Body Mask

- Body Elixirs

- The Lalu Massage 75 minutes / 1.5 hours / 2 hours

Our special massage technique combines aromatherapy and long
sensuous
massage strokes to rejuvenate mind and body

- Jade Massage 1 hour

Two therapists work in synchronization soothing away stress and
relieving tension.

- Warm Stone Massage 1.5 hours

Ancient massage technique using warmed volcanic river stones combined with aromatherapy.

- Acupressure Massage 1 hour / 1.5 hours

A non-oil massage focusing pressure on acupuncture points to open the meridians and improve energy flow

- Foot Massage 30 minutes / 45 minutes

Asian style including pressure applied to acupuncture points combined with soothing massage

- Seaweed Body Mask 1 hour

A body mask of seaweed rich in nutrients from the sea is processed in an invigorating steam bath followed by foot reflexology using a western technique to stimulate reflex points on the feet to promote deep relaxation

- Volcanic Mud Body Wrap 1 hour

The treatment begins with a vigorous massage using a mitt to exfoliate dead skin and stimulate circulation. Next a massage with a purifying blend of essential oils followed by the application of volcanic mud rich in minerals to nourish tissues and absorb toxins held below the surface of the skin.

The body is then cocooned in a thermal blanket while you enjoy a special energy distribution massage for facial rejuvenation.

- Sea Mineral Body Scrub 1 hour

A sea mineral scrub rich in nutrients and essential oils is massaged over the body to exfoliate dead cells. Hot towels are applied to infuse the nutrients and essential oils for toning, cell renewal and deep relaxation.

- Traditional Body Scrub 45 minutes

Part of every Asian lady's beauty routine for a healthy, soft and glowing skin.

Choose from Green Tea, Ginger, Milk or Bran with Rice Wine Scrub.