

Barberyn Ayurveda Resorts SriLanka

BARBERYN BEACH AYURVEDA RESORT, WELIGAMA

FACT SHEET

LOCATION

Barberyn Beach Ayurveda Resort is the second Barberyn Resorts property which opened in February 2003. It is located on the southern tip of Sri Lanka in the coastal town of Weligama, 140 km south of Colombo, and 82km from Barberyn Reef Ayurveda Resort at Beruwala.

Set on a high knoll overlooking acres of coconut groves which gently slope down to two Beautiful beaches, the 15-acre resort is carefully landscaped to preserve the natural environment, providing panoramic sea views of the Indian Ocean from the resort's buildings and guest rooms. Barberyn Beach re-defines the concept of luxury with large rooms, open public areas and a feeling of light, space and deep tranquillity.

A waterhole invites the regions colourful butterflies and birds to visit and a saltwater swimming pool is set among the coconut palms. A specially designed Pavilion for Yoga and meditation encourages guests to spend time in calming the body, mind and spirit, and the restaurant offers spectacular views by day and night!

The resort provides free airport transfer for the 4 to 4.5 hour ride from Colombo airport (depending on traffic). Guests have the option of travelling directly to Weligama from the Airport or stopping for refreshment or rest at the Beruwala property, en route, about 90 minutes away.

AYURVEDA HEALTHCENTRE FACILITIES

- Ayurvedic Health Centre, open daily
- Resident Ayurvedic physicians
- Visiting Specialists
- Therapists
- Decoction specialists
- Pharmacist
- Dieticians
- Treatment Rooms, including steam baths and herbal baths
- Acupuncture
- Pharmacy & Dispensary for Herbal Medicines
- Herb Garden for relaxation during treatments
- German language interpreters

RESORT FACILITIES

- Sea-view restaurant serving breakfast, lunch and dinner.
- Open-air reception pavilion
- Swimming pool
- Conference facilities
- Reading room
- Art Gallery
- Asian silks and craft shop
- Wheelchair access

ACTIVITIES

- Yoga
- Meditation
- Lectures on Ayurveda
- Cooking demonstrations
- Cultural performances

SERVICES

- Short excursions around Weligama
- Tours around Sri Lanka
- Tickets to seasonal religious parades or sporting events

GUEST ACCOMMODATION

- Ochre-coloured guest rooms are designed to blend harmoniously into the natural surroundings, with clusters of rooms erected on the lush hillside sloping down to the sea.
- Rooms are furnished to a high level of comfort using natural materials; most offer four-poster beds.
- All guest rooms have balconies, large en suite shower and bathrooms, ceiling fans, mosquito nets, and telephones.

Studio Rooms	450 sq. ft. + balcony
Deluxe Rooms	400 sq. ft. + balcony
Classic Rooms	300 sq. ft. + balcony

ADDRESS & CONTACT

Barberyn Beach Ayurveda Resort

Weligama

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