

The Lalu:-

The Lalu Spa



Each of the spa suites allows couples to enjoy romantic spa services together. Views of the lake spread out right before you and an elegant double-sized bathtub is perfect for an unforgettable petal bath. A cosy fire and the fragrance of oils make for a memory that will last a lifetime.

The spa sensation started in a little town called Spau in southern Belgium. The town was famous for the therapeutic benefits of its natural hot springs with rich mineral content. Spas then became places with hot springs, which people sought out to cure afflictions and enhance health. Today, peaceful music and herbal fragrances enhance spa therapy. Spas may also include steam rooms, body massages and fragrant oil treatments. Some spas emphasise inner emotional health to help people in the 21st century deal with problems arising from stress at work, school and in relationships. Modern conditions such as anxiety, depression, insomnia and anger can be relieved by physical and mental aspects of spa treatment. Our mental health affects our physiological conditions. Minor psychological problems can cause physical problems. Often, when the psychological problem is solved, physical conditions improve. Spas can help people release mental and physical stress.

Visit
The Lalu
Spa!

Spas provide a private space in which people can relax and rest. Water, massage and the fragrance of essential oils unlock joyful memories and peaceful feelings. Within only a few hours, your soul and body will be relaxed.



Facilities

Sauna

Steam
Room

Dry Sauna Room

Gym
and Bike
Rental

Aerobics Room

Lalu
Salon

Lalu Boutique Shop

Tennis

The Longest Warm Water Swimming Pool in Taiwan

**Lalu
Jetty**

Visit the Secluded Places on Hanbi Trail

**Fishing
Trip on
the Lake**

The Lalu Library

Accommodation

Room Types

The upside-down L-shaped teak rain shade is everyone's first impression of The Lalu. The utmost in simple modern aesthetics and harmony, the grand and open entrance creates a relaxing atmosphere of style and leisure.

When you arrive at The Lalu, there is no need to check in at the front counter. Instead, attendants will greet you and lead you to the sofas near the fireplace in the reception lobby and cordially provide towels, beverages and snacks to help you to cleanse away the fatigues of the travelling on the road.

To satisfy your needs, each room has the following facilities:

- Mini refrigerator and a bar providing cold drinks.
- Air conditioner with individual control system.
- Some suites have fireplaces.
- Satellite TV programmes
- 2 separate phone lines
- Phone line on the balcony for Internet connection
- International direct phone dialling
- Individual balconies
- Electronic safe
- Coffee, tea and hot beverage facilities

- Mini stereo
- Exquisite bathroom items
- Hair dryer
- Bathrobes

DINING SERVICES

The Lobby Bar and Lounge

The perfect place for a warm cup of tea, a drink before dinner or even a lunchtime snack. Relax in front of the fireplace on the balcony with a glass of specially selected wine and enjoy the beauty of Sun Moon Lake. The Lobby Bar & Lounge offers a variety of wine cocktails, coffees, soft drinks and snacks.

Location: On the 8th Floor of the hotel

Offerings: Snacks, coffee, tea cocktails, light refreshments

Business Hours: Monday to Thursday 10:00~22:00, Friday to Sunday 10:00~01:00

Capacity: 58

The Chinese Tea House

Located near the pool, the Tea House specializes in dim sum, hot and cold snacks, assorted refreshments and a range of Chinese and locally grown teas.

Location: Near the swimming pool on the first floor of the hotel

Offerings: Cold and hot light refreshments, desserts, choice set meals and select Chinese and western teas.

Business Hours: Monday to Sunday 07:00 ~ 19:00

Capacity: 50

The Japanese Restaurant

Designed in Zen style, serves teppanyaki and contemporary Japanese cuisine.

Location: On the 7 th floor of the hotel

Offerings: Modern Japanese cuisine, teppanyaki and Japanese snacks

Business Hours: Monday to Sunday 17:30 ~ 22:00

Capacity: Japanese style seating: 67

Teppanyaki bar: 14

The Oriental Brasserie

Offers contemporary Chinese and Western cuisine in an informal atmosphere with beautiful views of the lake, green hills and Tsen Pagoda on Shabalan Mountain across the water.

Location: On the 7 th floor of the hotel

Offerings: Modern Chinese and Western style cuisines

Business Hours: Monday to Sunday: 07:00 ~ 23:00

Capacity: Indoor 145, outdoor 55

The Lake View Veranda

Offers a dining environment set amongst the beautiful scenery of the lake. In addition to the great Chinese cuisine, fresh fish and the special dishes of the former Han-Bi Building make the excellent choices.

Business Hours: 11:30~15:00,18:00~22:00

Capacity:42

Room service dining

The Lalu offers a wide variety of delicious Chinese and Western dishes and drinks for a wonderful meal in the comfort of your room. Dine while overlooking the majesty of Sun Moon Lake . A special dinner on the balcony of your suite can also be arranged.

Business Hours: 07:00 ~ 01:00